

TC NEWSLETTER



07 November 2017

TC office hours

Tuesdays
18:00-20:00

Thursdays
12:30-13:30

Rue Joseph II 70
2nd floor
Office 174

Read all about it!

**Welcome to the New
Trainees**

**Subcommittee Budget
Meeting**

***Subcommittee
Updates:***

Sports
Radio
Languages
Cultural Heritage
Gender Equality

Partners

International Interns
Day
NegEU

T-CARDS

The TC is Open for Business



After a very busy month of settling into Blue Book life and learning all we could from the Liaison Committee, the Trainees' Committee for our October 2017 session is finally up and running. We are extremely excited and have already been active – working for you so that we can all get the most from this period.

We have already met so many of you but for those who we have missed let me take this chance to introduce the team. **Zinaida de Boon** is our incredibly committed and sympathetic General Coordinator; **Sakke Teerikoski** is our ever vigilant Treasurer; **Paulina Weglarz**, the hostess with the mostest, is our Social Events Coordinator; **Ed Crymble** is our token Brit and the Communications Coordinator; and **Ivan Puskar** will help you get on that ladder as our Conference and Careers Coordinator.

Should you have any queries, or are interested to find out more, then please do get in touch! You can send us an email at TraineesCommittee@ec.europa.eu. Or please feel free to visit us during our weekly office hours which can be found on the cover page of this newsletter.





This week we also welcomed new trainees (not all of us started in October). Please make them feel welcome and include them in your DGs. If you are unaware of who they are, please do ask your Porte Paroles and they will inform you. The TC would like to personally welcome you all to Brussels – you are of course most welcome! Please do pop in for a chat, if you can 😊

Subcommittees



The TC, Auditors and the Subcommittee Coordinators in their Budget meeting (06/11/17)

Sports

Strong spirit in a strong body, or SPORT to everyone!

Sport Subcommittee is happy to announce the launch of 6 different trainings offered on the premises of DG NEAR, DG EAC and DG DEVCO, so that you could stay in shape despite a tough working schedule. The current choice of classes includes Healthy back, Body work, HIIT, Pilates, Yoga and Ballet & Stretching.



You can find a description of classes, contact details of teachers and a timetable in the [EC Sport Subcommittee O17](#) Facebook group. Subscribe to follow all the news regarding our activities.

We are also planning some further events, including a bike-ride in Brussels and an awesome sport-marathon-party, to name a few! If you have an idea and WANT to make it a reality, you are more than welcome to contact one of our coordinators with your suggestion:

Tihana Kovac Tihana.KOVAC@ec.europa.eu

Annsophie Schmitt Annsophie.SCHMITT@ec.europa.eu

Nina Mitiaieva Nina.MITIAIEVA@ec.europa.eu

A note to all trainees based in Beaulieu area: we are extremely glad that you are full of energy and motivation for sport, hence we are negotiating the opportunity of giving classes on Beaulieu premises. Stay tuned!

Radio



Radio Blue EU Brussels Episode 02: Candy for your Eyes and Ears

In this episode, we cover the Trainee film festival, insights on (inofficial) activities of the Cultural Heritage subcommittee & learn more about the different offers for you of the language subcommittee.

New Episodes
every Sunday.

Listen for Free
and On-Demand

Click >[HERE](#)< to listen!

Languages

New Spanish Class!!

We are proud to announce that we have a new Spanish group:

Spanish **upper-level A2**: Tuesday at 18:30

Location: **DEVCO MEET L-41 05/A134**

Teacher: Andres Martinez - andres.martinez-soriano@ec.europa.eu

New French Class!!

We are proud to announce that we have a new French group:

French **level B1**: Wednesday at 19:00 - starting on 7th Nov!

Location: **tbc**

Teacher: Elena Canale - elena.canale@ec.europa.eu



Remember to contact the teacher to attend these classes!

The Languages Subcommittee would like to invite you to join..

our **Tandem System!**

Benefits for you:

- Flexible meetings – you and your tandem partner can choose the best place, day and time to meet!
- Meet new people – with tandem language learning you can meet interested trainees, that wish to learn your language and about your culture
- No prior experience in teaching needed - tandem language learning is based on communication/conversation between partners

There is a high demand for French learning – so if you have advanced level in French and wants to learn another language, take this opportunity!

We are also looking for Swedish, Russian, German or Japanese speakers.

We already have partners that could help you with Italian, Dutch, Spanish, Bulgarian, Hungarian, Slovak and much more!

If you wish to learn or practice a new language and in return have the opportunity to teach your mother language or a language in which you have a very good knowledge, write us:

language.subcommittee.oct17@gmail.com



Cultural Heritage

Bande dessinee Art Tour: 11/11, 15.00-18.00

Brussels is the city where many Comic strips have seen their birth. As you probably already noticed, the city has been enriched with **Comics Murals** that are definitely worth a tour! The **Cultural Heritage Subcommittee** is organizing a walking tour around the most beautiful Comics Murals. The tour will end with the visit of the **Comics Art Museum**, set in an incredible Horta's Art Nouveau architecture.



Where? - Walking tour → Brussels city centre; - Comics Art Museum → 20 rue des Sables, Brussels.

How much? Free walking tour for TC card holders (3 euros for non TC card holders). Comics Art Museum ticket: 7 € (<25 y.o.), 10 € (adults).

Who can join? Whoever! Follow us on FB! [**EC Cultural Heritage Activities Subcommittee O17.**](#)

Come with your friends! Depending on the number of confirmed participants, further discounts might be applied!



Gender Equality



MeToo, and now what?

Grab a beer, grab some frites and join us in our first discussion on the #MeToo Campaign and the way forward.

WHEN? Wednesday, 8/11 from 19.30

WHERE? L' Autobus at Place Jourdan

Find more information, attend and share our Facebook event #MeToo, and now what?, where you can also find some relevant articles. But don't worry, there is no obligation to be prepared and read them in advance.

We are all looking forward to see you. Join us on Facebook - [**GENDER EQUALITY SUBCOMMITTEE**](#)

Messages from our Partners

International Interns Day

Friday 10th is #InternsDay

We have a surprise for current and former interns! 🎁

This year #WeRate! 🗳️

Rate your internship anonymously and help us create a transparent job market that ensures equal opportunities for young people!

<http://transparencyatwork.org/>

If you're in Brussels, join us on 9th November for the campaign launch and to rate your internship!

Register now! ↓ □

<https://www.facebook.com/events/721179701414276>



Read their newsletter [HERE](#)

NegEU – The Institute for Business Administration



Boost your career prospects!

with a unique distance learning **certificate in advanced negotiation techniques.**

The **Institute for European Business Administration** (Belgium) trains professional negotiators such as politicians, managers, lawyers, high ranking civil servants, European Union experts, diplomatic personnel and even ambassadors.

Based on that unique experience a programme has been developed for EU trainees with among others exceptional contributions from EU top officials (i.e. **Directors; Directors-General**) and **ambassadors!** It is the only programme of its kind in Europe.

“This course has the merit of being a kind of best of...and as such I intend to re-read it and keep it at arm’s length.. When comparing my past experience as a purchasing engineer for Hi-Tec systems I which I had taken this course ten years ago. It would have save me from facing several troubles” -Pedro Agua, Portuguese civil servant

Combine your traineeship with an extra degree. For more information and deadlines send an email now (subject of your email: **NegEU**) to the Director at Dr.Heyndrickx@hotmail.com



T-Cards

If you want to be part of the big *Trainees' Committee* family, to benefit from our [partnerships](#) and be an active member of its activities, you can purchase your T-Card at our office: Rue Joseph II 70, 02/174 during our opening hours (office hours have changed!! – look on the first and last page). You need to bring a **passport-sized photo** and **15€** in cash.

Facebook Page – "[EC Trainees' Committee](#)"

Facebook Group – "[EC Traineeship October 2017](#)"

Email: traineescommittee@ec.europa.eu

For Stage Online account questions: Eac-Stages@ec.europa.eu

